

10 PERSPECTIVE SHIFTS TO FREE YOUR HEART FROM FEAR

1. **Replace worry with gratitude.** Be thankful for what God is doing rather than be anxious about how you well are doing.
2. **Focus on following God over fretting about failure.** Trust God to lead you. You're not in this alone and it doesn't all depend on your ability.
3. **Don't let fear of failure ignite discouragement.** Shift your heart from seeking personal success to rejoicing in the triumph of Christ as you bring every discouragement to Him.
4. **Don't compare and compete.** Culture is rife with temptation to measure yourself against others. These toxic sisters never lead to God's perspective.
5. **Keep your focus on God's glory rather than bowing to the pressure to succeed.** You have nothing to prove. In Christ you are deeply loved and valued; you are already worthy. Trusting God in the process is the path to success that carries eternal weight.
6. **Ask God to speak through you,** "Lord, please manifest Your words through me today."
7. **Shift your outlook from obsessing over outcomes to sharing God's Word** with sincerity as you follow Christ.
8. **Be confident in Christ.** Be competent through Christ because your adequacy is from Him.
9. **Stop giving into the condemnation of your fears.** Pressure to prove yourself drains life from your soul.
10. **Enjoy God's presence and trust Him to lead you to the path of life** rather than the quick route to momentary success.

A deeper life starts now.