

HOLY MOMENTS FOR TODAY

Today, I'm relying on Jesus to help me ...

	M	T	W	T	F	S
<u>Trust God in the moment</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>Love God wholeheartedly</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>Abide in Him</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>Meet my needs</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>Pray throughout the day</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>Embrace Truth over lies</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>Read God's Word</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>Pay attention to my thoughts</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>Process my emotions</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>Love others well</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

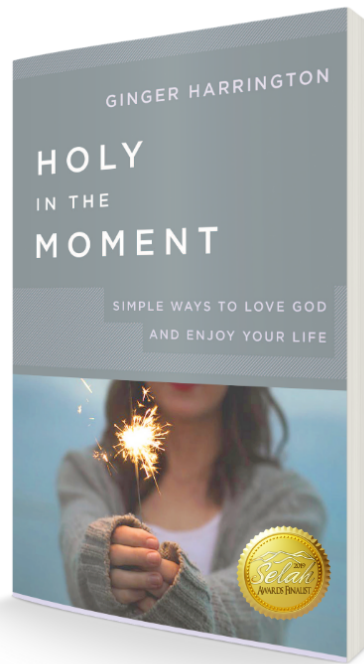
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Discover how to experience healing and wholeness in your daily moments. *Holy in the Moment* includes Ginger's personal journey in finding help and hope for anxiety, people-pleasing, perfectionism, discouragement, and insecurity as well as biblical insights and simple ideas to enjoy a deeper life with freedom in Christ. Bring the reality of grace, healing, and holiness into your daily experience with intentional choices.

Insecurity drives us to try harder, be better, and do more to prove our worth and value. What a relief to recognize we don't have to make ourselves holy and acceptable to God. Rather than requiring perfection, God simply asks us to rely on Christ moment by moment.

Learn to thrive in your holy identity with practical ways to:

- overcome anxiety, perfectionism, negative flesh patterns, and shame
- experience the freeing power of abiding, surrender, and relying on Christ
- deepen your prayer life, listen to God, and flourish in His Word
- identify false motivations and beliefs hidden beneath thoughts and feelings
- find healing for hurts and vulnerable emotions
- thrive in your identity in Christ

One choice at a time.

ginger harrington
A DEEPER LIFE STARTS NOW