

# 10

## 10 SIMPLE WAYS TO

# Overcome Selfishness

1

### PRAY

Ask God to help you notice selfish thoughts and motivations.

2

### BE WILLING

Be willing to change when God reveals self-focused thoughts and attitudes.

3

### CHANGE YOUR THINKING

Beware of "what's in it for me" thinking and choose to serve others instead.

4

### CHEER FOR OTHERS

Choose to cheer for others. See the best in others, especially when they can't.

5

### CHOOSE GRATITUDE

Gratitude chases selfishness away. Cultivate the holy habit of thankfulness.

6

### MAKE TIME TO HELP

Make time to be helpful. Don't allow busyness crowd out the needs of others.

7

### LET GO OF EXPECTATIONS

Release your right to have your way. Watch for expectations that breed selfishness.

8

### REFUSE TO COMPARE

Refuse to compare or compete. Celebrate the victories of others rather than be envious.

9

### GIVE

Give generously without expecting anything in return.

10

### TRUST GOD TO MEET YOUR NEEDS

Overcome selfishness by trusting God to meet your needs.